

FORZA SPRINT/SLED TRACK INSTALLATION GUIDE

For optimal performance, safety and longevity, we strongly recommend professional installation. Please follow the steps below:

1. ASSESS THE SURFACE

Inspect the subfloor for cracks, damage or uneven areas. Repair any defects before installation to ensure a stable base. The surface must be structurally sound and capable of supporting repeated sprint and sled training use.

2. CLEAN THOROUGHLY

Ensure the floor is completely clean, dry and free from dust, grease or debris, as contaminants can affect adhesion and long-term stability.

3. LEVEL IF REQUIRED

If the surface is uneven, apply a suitable levelling compound to create a smooth, flat finish. Allow sufficient curing time before proceeding.

4. SECURE THE TRACK

- Glue-Down Installation: Apply a suitable turf adhesive evenly across the prepared surface using a notched trowel. Lay the track carefully while the adhesive is workable, applying consistent pressure to ensure full contact. Recommended for high-traffic or commercial training facilities
- Tape Installation: Use high-strength double-sided tape along all edges and any joins to prevent lifting or movement during use.

5. LAY WITH PRECISION

Position the sled track carefully, aligning edges accurately to avoid gaps, overlaps or misalignment. Press firmly across the full surface to ensure secure bonding.

